

Healing Adventures Camp

Fall 2009

A free one-day camp for children and teens (ages 5 – 18 years) who have experienced a loss

Saturday, October 3, 2009 — 8 a.m. to 4 p.m.



The Mayo Hospice Program, with support from the Department of Chaplain Services and Mayo Eugenio Litta Children's Hospital, invites you to participate in the *Healing Adventures Camp*.

There are a variety of emotions and feelings when a young person experiences the death of an important person in his or her life.

Campers will have the opportunity to:

- Spend time with other children who have had a similar experience
- Meet with trained grief facilitators who will encourage discussion on:
 - Loss
 - Grief
 - Healing
 - New beginnings

Campers will be assigned to age-appropriate groups and will participate in a variety of activities, including:

- Nature walks
- Music
- Crafts
- Petting zoo
- Rock wall climbing

Families are invited to participate in a closing activity with the campers from 3 to 4 p.m. An *optional* Adult Support Session will be offered from 8:30 to 11 a.m. the day of the camp. Interest in attending this session can be indicated on your child's registration form.

**Ironwood
Springs Ranch
7921 Co Rd 6 SW
Stewartville, Minn.**

Registrations must be received by Wednesday, September 23, 2009

For more information, registration forms, or future camp offerings, please e-mail Carol Kuisle at: kuisle.carol@mayo.edu or call (507) 284-1690 or 1-800-679-9084